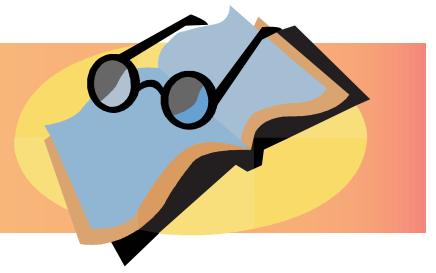


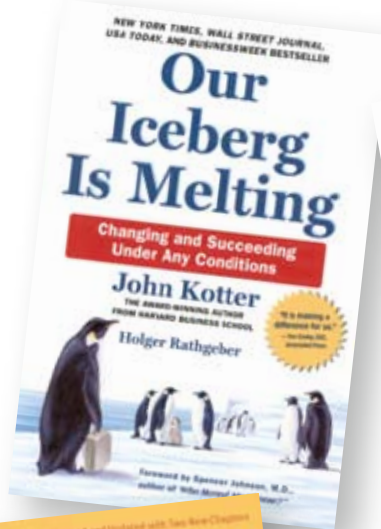
# Sherrri's Picks



## Our Iceberg is Melting

by John Kotter

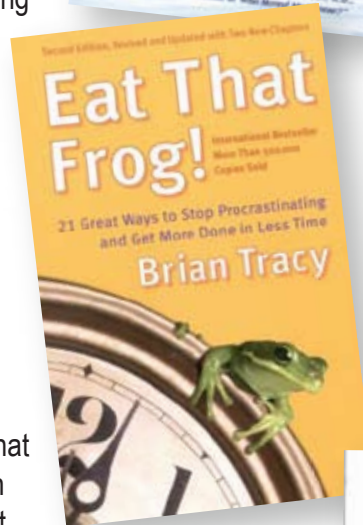
A modern day fable along the lines of “Who Moved My Cheese?”, this quick read outlines eight steps that a fictional penguin colony must take to ensure their continued survival. Fred discovers his iceberg home is threatened and along with his fellow penguins work through obstacles to stave off their imminent demise. You’ll recognize personalities similar to humans including those resistant to change, a “people” person able to charismatically organize the colony, a high level thinker but not a doer, among others. This is a good guide for those dealing with change, both on a personal level and in the workplace.



## Eat That Frog!

by Brian Tracy

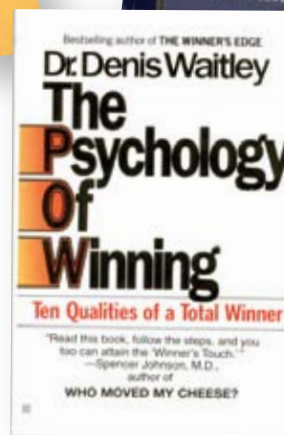
Procrastinator...beware! In this how to book, the author details 21 ways to - in his words - “Eat That Frog!” According to Tracy we should first clearly identify what we want to accomplish then plan each day beforehand such that it moves us toward that goal. He cites the Pareto Principle better known as the 80/20 Rule in an effort to help us concentrate on the 20 percent of our activities that will generally account for 80 percent of our results. Focus, focus, focus is an overriding theme throughout the book. This is a no-nonsense bullet-point reminder of how to accomplish tasks.



## The Psychology of Winning

by Dr. Denis Waitley

An incredible personal development guide which encourages you to focus on your positive “selves” -- awareness, esteem, control, motivation, among others. “The fact that we, literally, “become what we think about most of the time” is certainly motivation for concentrating on the positive. Self talk is a major component addressed in this book that offers many nuggets on how to foster a “winning” mind set.



## GO Put Your Strengths to Work

by Marcus Buckingham

You’ll continue to ride the waves of “Strengths” management with this follow-up to Discover your Strengths. The most direct way to identify YOUR strengths, according to Buckingham, is to listen to yourself and how activities make YOU feel. Once clarified, ordering your work around those strengths will both energize you and the organization you are working within. Conversely, devoting time to weaknesses will drain you. “Trying to conjure up a yearning for a task just because your boss or society or even you yourself think it’s something that you *should* do is a recipe for both disappointment and poor performance.” This is a practical guide to applying your strengths once identified.



## Leadership 101

by John Maxwell

One in a series of four books by John Maxwell that “gives you the ‘short course’ on what it takes to become a REAL success.” This abbreviated version of Maxwell’s other books dispels various myths about leadership and shows us how influence is the true indicator of one who leads. It offers tips on furthering your influence and making it last long after you are gone from an organization or even from this earth.

